

# Nutrition Facts

1 servings per container

**Serving Size**

**(28g)**

**Amount per serving**

**Calories**

**130**

**% Daily Value\***

**Total Fat** 8g **10%**

Saturated Fat 3.5g **20%**

*Trans Fat* 0g

**Cholesterol** 0mg **0%**

**Sodium** 15mg **0%**

**Total Carbohydrate** 16g **6%**

Dietary Fiber 2g **8%**

Total Sugars 8g

Includes 0g Added Sugars **0%**

**Protein** 3g

Vitamin D 0mcg 0%

Calcium 14mg 0%

Iron 1mg 4%

Potassium 94mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice