

Dressing

Nutrition Facts

2.5 servings per container

Serving Size (28g)

Amount per serving
Calories **100**

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 1g **6%**

Trans Fat 0g

Cholesterol < 5mg **0%**

Sodium 110mg **4%**

Total Carbohydrate 1g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 1g

Vitamin D 0mcg 0%

Calcium 155mg 10%

Iron 0mg 0%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice

Salad

Nutrition Facts

1 servings per container

Serving Size (417g)

Amount per serving
Calories **210**

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 490mg **20%**

Total Carbohydrate 43g **15%**

Dietary Fiber 13g **45%**

Total Sugars 10g

Includes 0g Added Sugars **0%**

Protein 11g

Vitamin D 0mcg 0%

Calcium 82mg 6%

Iron 3mg 20%

Potassium 814mg 15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice