

Nutrition Facts

1 servings per container

Serving Size

(122g)

Amount per serving

Calories

310

% Daily Value*

Total Fat 15g **20%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 10mg **4%**

Sodium 60mg **2%**

Total Carbohydrate 37g **15%**

Dietary Fiber 4g **15%**

Total Sugars 15g

Includes 0g Added Sugars **0%**

Protein 10g

Vitamin D 0mcg 0%

Calcium 656mg 50%

Iron 2mg 10%

Potassium 7mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice