

Nutrition Facts

Serving Size 1 cookie, 3oz (85g)

Amount Per Serving

Calories 350 **Calories from Fat 120**

	% Daily Value*
Total Fat 13g	20%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 240mg	10%
Total Carbohydrate 57g	19%
Dietary Fiber 3g	12%
Sugars 30g	

Protein 5g

Vitamin A 8% • Vitamin C 0%

Calcium 4% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4