

Nutrition Facts

1 servings per container

Serving Size

(285g)

Amount per serving

Calories

330

% Daily Value*

Total Fat 16g **20%**

Saturated Fat 4.5g **20%**

Trans Fat 0g

Cholesterol 70mg **25%**

Sodium 630mg **25%**

Total Carbohydrate 22g **8%**

Dietary Fiber 3g **10%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 32g

Vitamin D 0mcg 0%

Calcium 57mg 4%

Iron 2mg 8%

Potassium 189mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice